



VA COOPERATIVE STUDIES PROGRAM # 424

Clinical Outcomes Utilizing Revascularization and Aggressive DruG Evaluation

Operations Memo No. 25

Date: October 10, 2000
From: William Boden, MD
Subj: Window for Obtaining Scheduled 1 and 3-year Stress Tests
To: All Study Personnel
Thru: Trial Leadership

The proposed window for obtaining the scheduled stress tests at 1 year and 3 years is ± 3 months of the scheduled visit. Therefore, the 1 year scheduled stress test should be performed between 9-14 months after the randomization date and the 3 year scheduled stress test should be performed between 33 - 39 months after the randomization date. These changes are proposed to avoid the need for performing duplicate stress tests within a finite time period.

As a reminder, a modified symptom-limited exercise study with gated sestamibi SPECT imaging is the preferred method for obtaining the required stress tests, but an exercise or pharmacologic stress test in those patients unable to exercise is also acceptable.

NOTE: If a patient is participating in Nuclear Sub-Study II and if they had an exercise gated sestamibi SPECT, pre-randomization, it is advised to obtain the gated SPECT stress test at 9 to 14 months post randomization to comply with the original study and the sub-study. This will avoid the necessity of obtaining two stress tests. Please note that patients participating in Sub-Study II should have the same type of stress test for the sestamibi gated SPECT at 1 year as the baseline study. That is, exercise at baseline and 1 year or adenosine at baseline and 1 year.